

Available for Weddings, B'nai Mitzvah and other Simchas

Marla, both as a soloist and with her ensemble, Ruach Tova, can be booked for private celebrations and performances, including a unique Ruach Tova Sound Healing Salon. Please contact her to discuss your event.

"I greatly appreciate Marla's skill in absorbing hand drumming techniques and creating her own unique style of playing. I admire her approach and respect her musicality and willingness to delve deeper."

Glen Velez
Five-time Grammy-winning Percussionist

"Marla doesn't just teach drumming—she teaches workshop participants how the drum is part of our history, heritage and how we can incorporate rhythm into our lives."

Cantor Evan Kent
Temple Isaiah, Los Angeles, CA

"Marla led the workshop with such knowledge and enthusiasm that I was totally drawn into the experience. She has a true passion and conveys excitement as well as a deep knowledge of her art."

Kim James, Yoga Instructor

"Thank you for opening the doors of drumming. The way you presented was clear and easy to understand. You made difficult rhythms seem easy."

Daphna C., Student

"A gifted drummer, divine playing. Thank you for a great performance."

Sarah O., Student

*Cooperman*TM

Cooperman frame drums and the Cooperman AIS Marla Tar are available to students at a significant discount.



About Marla Leigh Goldstein

Marla (Miriam) Leigh Goldstein is internationally recognized as a leading specialist in the ancient instruments known as frame drums. Marla's music is deeply rooted in ancient and original Hebrew prayer, polyrhythmic orchestrations, and meditative Middle Eastern rhythms. She received her BFA and MFA in Percussion Studies from CalArts, and has studied with master drummers including John Bergamo, Glen Velez, Swapan Chaudhuri and Randy Gloss.

She has facilitated workshops and clinics at percussion festivals and spirituality retreats and has performed in concerts throughout the USA and in Mexico and Europe. Featured performances have been at the Skirball Center, Sacred Music Festival Los Angeles, the Tambouri Mundi Festival in Germany, and the Bali Arts Festival. She offers unique drumming retreats that combine the practices of rhythm and drumming with health, yoga and spirituality.

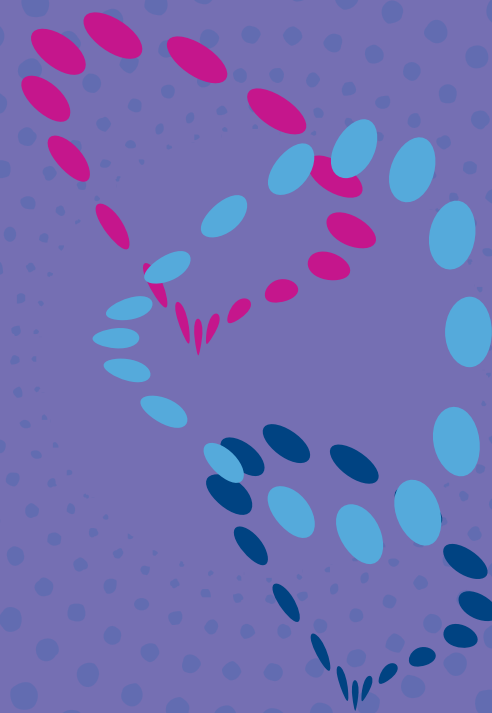
Marla has been devoted to Jewish music since childhood. Growing up in Rochester N.Y., she was a board member of NYFTY and a JCC camper for 12 years; a songleader/music director at JCC Camp Seneca Lake (Rochester, NY); and at BBYO Summer Camp (Portland, OR). She won the Paul Roth Scholarship to participate in a NYFTY program in Israel.

She can now be found accompanying Shabbat services and facilitating special programs in synagogues throughout the Los Angeles area.

She has created her own line of signature frame drums, "The Marla Tar," with the Cooperman Co., and has recorded an instructional DVD, "Time Zone." Currently, Marla is working on an exciting debut album project entitled "Rhythms in Ahava," which features world renowned musicians from the USA and Israel. Much of the album will be recorded in Israel, where she will work with Israeli artists including Yiar Dalal and Zohar Fresco. Release date: Spring 2013.

Learn more about Marla at:
<http://marlaleigh.com> and <http://marlaleighsdrumblog.com>
contact:
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661.645.0724

Percussion for Worship, Learning and Celebration with Marla Leigh Goldstein



"And Miriam the prophetess, the sister of Aaron, took a timbrel in her hand; and all the women went out after her with timbrels and danced."

Exodus 15:20

The frame drum or 'Tof Miriam'



originated in the ancient Middle East more than three thousand years ago.

Miriam, sister of Aaron and Moses, was the archetype of the female prophet. Her drumming and dancing was the climactic

moment of the first Passover, celebrating the crossing of the Sea of Reeds and the escape of the Israelites from Pharaoh and his chariots.

Today, frame drums can be found in almost every culture in the world, and are being used in classical and contemporary music, including jazz, rock and chamber ensembles, at world music festivals, and in meditation and spiritual practices. The tones and overtones of the frame drum meld perfectly with traditional and contemporary Jewish music. Hand percussion is a perfect accompaniment for synagogue services, holiday events and simchas including b'nai mitzvah and wedding celebrations.

It is prophesied that at the time of the coming of the messiah, Miriam will once again dance and drum before the righteous. We don't have to wait until then!

Bring the Tof Miriam to your organization. Flautist and percussionist Marla Leigh Goldstein, a world-renowned specialist in the Tof Miriam, is available to perform and/or to teach. Marla will create a program especially for your synagogue or Jewish institution.

'Tof' is the Hebrew word for 'drum,' and the word is usually translated as timbrel or tambourine. The *Tof Miriam*, the instrument Miriam played, is a wide, shallow hand drum made of wood with a goatskin head and metal jingles. This type of frame drum was traditionally played by women in ancient Israel, and also in India, Spain, Italy, Greece, Turkey and Egypt—throughout the Mediterranean and Middle East. It is an instrument that was and continues to be a powerful tool for celebration, self-expression and meditation. For the novice, the frame drum is an inexpensive, lightweight, easy-to-learn instrument, fun and rewarding to play solo and in groups.

Concert: Healing Songs and Meditations of the Tof Miriam

Journey back to the time of the Prophetess Miriam as she celebrates freedom with her Tof Miriam.

Marla will guide us through an unforgettable, reflective evening of stories, songs, rhythms and meditations.

Marla will perform traditional and original Hebrew prayers and songs on different kinds of *Tupei Miriam* (frame drums) combined with flute, other percussion instruments, and ambient electronics. The concert will include a performance of Marla's original Kabbalistic meditations in different time cycles. For example, in six days, the world was complete. Thus, a rhythm or meditation in a six-beat cycle signifies wholeness and completion.

This celebratory, inspirational, participatory evening for the whole family can range from one to two hours, and can include a short hand-on play-sing-along with drums available to the audience.

Marla is available to perform as a soloist or with her full ensemble, "Ruach Tova," and will work with your cantor or music director to create the perfect evening for your synagogue or organization.



Tof Miriam Workshop

Connect to the ancient heritage of the Prophetess Miriam and learn to play the *Tof Miriam*, updated as the modern frame drum. The workshop includes:

- A brief talk about the heritage of the frame drum.
- Hands-on: how to play the basic strokes.
- Introduction to traditional Middle Eastern rhythms that accompany Hebrew song, prayer and dance.
- Using drumming for healing and meditation.
- Combining Hebrew prayers, *niggunim* or melodies, and chants with drum rhythms.
- Meditations inspired by Kabbalah.

All levels are welcome, beginners encouraged. Frame drums are provided. Workshops can range from one to four hours, and can be designed for women only or for everyone.

Tof Miriam Shabbaton

Enjoy a weekend of learning in celebration of Miriam and the rhythms she inspired. Marla will work with your clergy and lay leaders to design the perfect event for your congregation or institution. The Shabbaton may include:

Accompaniment at Services

Marla will provide accompaniment at Friday evening and Saturday morning Shabbat services, which can include:

- Percussion accompaniment to the cantor's and congregational singing.
- Traditional Jewish and contemporary melodies on the flute.
- A Tof Miriam drum solo, a mesmerizing meditation.
- A short talk or *d'var Torah* on our ancient heritage of drumming, tying the weekend to Biblical themes and modern interpretations.

Haudalah Drum Circle

We complete Shabbat and enter the week with all five senses: to taste the wine, smell the spices, see the candle flame and feel its heat, and hear the blessings. To this, Marla adds: to hear and feel the beat of the drum!

Marla's unique Haudalah service culminates with a joyous group drum circle. Drums are provided; your drums are welcome, too.

Concert and Workshop

A Saturday evening Tof Miriam concert and/or workshop after Haudalah is a meaningful way to celebrate, learn, and spend an evening in community with family and fellow congregants.

Rhythm Skills Workshop

This comprehensive program is offered for rabbinical students and/or for congregants. Marla teaches the building blocks of rhythm and pitch, which can greatly enhance the understanding of music and ability to contribute to congregational singing. Marla will teach:

- How to "feel" time.
- How to keep a steady beat.
- How to sing in pitch.
- Breathing techniques for singing.
- Vocalization of chants and rhythms.
- Basic music theory (time signatures, keys, notation).
- Practical exercises to strengthen the sense of rhythm and time.

Rhythms Workshop for Children

This playshop for children of all ages presents Jewish music in a fun, unique and inspiring way—with a focus on rhythm! Songs and dances will be taught, drums played, instruments made to take home, and stories told.

Rhythms Program for Youth Groups

A veteran NFTY and BBYO youth grouper, Marla will inspire your group through music! Your teens will participate in a dynamic drum circle while they work and play together as a group through deep listening, rhythm and song.

For more information, please contact:

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